

XII NATIONAL CONGRESS OF AUTOIMMUNITY

XXXI ANNUAL MEETING OF
NEDAI

17
—
20
JUNE
2026

PENAFIEL
PONTO C

BUILDING BRIDGES
TO THE FUTURE

PROGRAMME





NEDAI National Coordinator

Carlos Carneiro

Chairperson

Natália Oliveira

Organising Committee

Carlos Vasconcelos

José Delgado Alves

António Marinho

Fernando Salvador

Margarida Jacinto

Edite Pereira

Elisabete Pinelo

André Real

Daniel Oliveira

Margarida Coelho

17

JUNE 2026
wednesday

PRE-CONGRESS COURSES

- **Clinical Escape Game**

📍 **Penafiel Park Hotel**

Rua Província de Pontevedra, s/n | 4560-232 Penafiel

- **APS in Clinical Practice: an European Forum on APL Workshop**

📍 **Ponto C - Sala Caturra**

Rua de Puços 606 | 4560-626 Penafiel

- **Networking with General Practitioners**

📍 **Auditório do Museu Municipal de Penafiel**

Rua do Paço, s/n. | 4560-485 Penafiel

17

JUNE 2026
wednesday

**PENAFIEL
PARK
HOTEL**

CLINICAL ESCAPE GAME

Coordination:

Raquel Faria, Nobox

Session schedules

09:00 - 10:00 | 10:30 - 11:30 | 14:00 - 15:00 | 15:30 - 16:30

The Room

At its core, differential diagnosis is the resolution of a puzzle under pressure. In this Clinical Escape Room, participants will be immersed in a simulation that recreates the complexities of Lupus and its mimics in a gamified environment. To succeed, participants must be able to identify key clinical findings and make real-time decisions.

In this training, participants should be able to:

- Differentiate diagnosis from classification in lupus by applying a systematic approach to decision-making and prioritising the exclusion of alternative diagnoses based on more than just epidemiological criteria.
- Identify complex lupus mimics by recognising critical clues and red flags using diagnostic tools integrated into the game dynamics.
- Integrate pathophysiology into clinical decisions by analysing the continuum between autoinflammation and autoimmunity in order to guide targeted therapeutic strategies.
- Validate safe clinical practice by applying essential risk management routines in lupus care.
- Practise shared decision-making and leadership within a team when facing diagnostic disagreements under time pressure.

This experience will put your critical thinking skills to the test as you race against the clock. Every decision you make could be crucial!

Assemble your team and accept the challenge.



17

JUNE 2026
wednesday

PONTO C
Sala Caturra

APS IN CLINICAL PRACTICE: AN EUROPEAN FORUM ON APL WORKSHOP

Coordination:

José Delgado Alves

President European Forum on APL

UDIMS, Fernando Fonseca Hospital, Amadora, Portugal

Immune Response and Vascular Disease Research Group, iNOVA4Health, NOVA Medical School, Lisbon, Portugal.

- 09:00 Welcome and Introduction to "APS in Clinical Practice" - José Delgado Alves
- 09:15 APS: the coagulation perspective - Ricardo Oliveira
- 09:45 APS: the immunology perspective- Pierluigi Meroni
- 10:30 Coffee break
- 11:00 Immunologic regulation in pregnancy - Catarina Favas
- 11:45 Diagnosing APS - Nathalie Costedoat-Chalumeau
- 12:30 Lunch break
- 14:00 Obstetric APS: clinical and biologic aspects/treatment - Nathalie Costedoat - Chalumeau/Joana Rebelo
- 15:00 Non-antithrombotic treatment of APS - José Delgado Alves
- 15:30 Coffee break
- 15:45 Catastrophic APS - Filipe Paula
- 16:30 Workshop evaluation and final comments - José Delgado Alves

17

JUNE 2026
wednesday

**MUSEU
MUNICIPAL
DE
PENAFIEL**

NETWORKING WITH GENERAL PRACTITIONERS

Coordination:

Natália Oliveira, Unidade de Doenças Autoimunes - ULSTS

- 09:00 Opening Session
Autoimmunity in Primary Care - Natália Oliveira, Carina Rocha de Sousa
- 09:15 Red Flags in Autoimmune Diseases - Daniel Oliveira
- 09:45 Autoimmune Diseases that the General Practitioner Should Recognise - Joana Rua
- 10:15 Interpretation of Laboratory Tests - Part I - Pedro Cabral
- 10:45 Coffee Break
- 11:15 Interpretation of Laboratory Tests - Part II - Éster Ferreira
- 11:45 Practical Algorithms for the General Practitioner - Margarida Coelho
- 12:15 Lunch
- 14:00 Warning Signs of Disease Reactivation - André Real
- 14:30 Interactive Clinical Cases
Presenters: Carina Rocha de Sousa, Ana Magalhães Soares, Jonathan dos Santos, Alcino Duarte
Moderators: Edite Pereira, Elisabete Pinelo, Margarida Jacinto, Daniel Oliveira
- 15:30 Coffee Break
- 16:00 Course Evaluation and Closing Session



Prizes and Awards

NEDAI AWARDS

Each year at the Congress, NEDAI gives awards to recognize dedication and innovation in autoimmunity research and clinical practice.

- Clinical & Basic Research Study in Autoimmunity Award
- Autoimmunity Research Prize

Award **5.000€**

Submission Deadline **April, 30**

ABSTRACT AWARDS

The Scientific Programme Committee selects the best abstracts submitted to the Congress based on their scientific quality and content.

- Best Poster Award
- Best Oral Communication Award

Submission Deadline **April, 30**

EULAR 2027 Subscription

Info www.spmi.pt

18 JUNE

PONTO C Auditório

thursday morning

08:30 - 09:30

Meet the Expert

Update on Lupus Nephritis - From Clinical to Practical Challenges

Moderators: Carlos Vasconcelos, Thomas Huizinga (Netherlands)

Speaker: Frédéric Houssiau (Belgium)

08:30 - 09:30

Sala Caturra

Oral Communications

Vera Romão, Rosário Silva

Foyer

Poster Presentations

Pedro Lopes, Marisa Neves,
Nadejda Potlog, Miriam Cimbron

09:30 - 10:00

Artificial Intelligence and Big Data in Clinical Practice: Impact on Future Immunology

Moderators: Luís Campos, Lèlita Santos

Speaker: Tiago Taveira, Sofia Couto da Rocha

10:00 - 10:30

Opening Ceremony

10:30 - 11:00

COFFEE break

11:00 - 12:00

Prevention is Still the Best Medicine - Updates for Rheumatoid Arthritis and Lupus

Moderators: António Marinho, Frédéric Houssiau (Belgium)

Speaker: Thomas Huizinga (Netherlands)

12:00 - 12:30

Astrazeneca Symposium

12:30 - 14:00

LUNCH break

18 JUNE

PONTO C
Auditório

thursday afternoon

14:00 - 15:00 **Abbvie Symposium**

15:00 - 15:30 **Regulation of Autoinflammation and Autoimmunity Informed by Inborn Errors of Immunity**

Moderators: Daniel Oliveira, Frederico Batista
Speaker: João Farela Neves

15:30 - 16:00 **Mechanisms and Therapeutics in Inflammatory Muscle Diseases**

Moderators: Marta Amaral, Paula Ferreira
Speaker: Ana Campar

16:00 - 16:30 **Gut-Immune-Brain Axis**

Moderators: Raquel Faria, Carlos Alberto Ferreira
Speaker: José Delgado Alves

16:30 - 17:00 COFFEE break

17:00 - 17:30 **Update in Approach of Comorbidities in Autoimmune Diseases**

Moderators: Elisabete Pinelo, André Real
Speaker: Fernando Salvador

17:30 - 18:00 **Nedai Awards Presentation**

19 JUNE

PONTO C
Auditório

friday morning

08:30 - 09:30

Meet the Expert

What's New in Large Vessel Vasculitis?
Moderators: João Fernandes Serôdio, Tomás Fonseca
Speaker: Elvis Hysa (Italy)

08:30 - 09:30

Sala Caturra

Oral Communications
Catarina Favas, Teresa Mendonça

Foyer

Poster presentations
Carlos Capela, Cláudia Ferrão,
Helena Brito, Hilda Freitas

09:30 - 10:00

Gene and Cell Therapy in Autoimmune Diseases – Where are We?
Moderators: Nuno Riso, João Araújo Correia
Speaker: Luis Graça

10:00 - 10:30

Systemic Sclerosis-Interstitial Lung Disease: Cellular Mechanisms and Translational Applications in Lung Fibrosis
Moderators: Isabel Almeida, Susana Oliveira
Speaker: Filipe Paula

10:30 - 11:00

..... COFFEE break

11:00 - 11:30

Eosinophilic Inflammation in EGPA: Real-World Practice
Moderators: Marta Casal Moura, Joana Cunha
Speaker: Alexandra Nanzer (UK)

11:30 - 12:00

Mysterious Clinical Challenge
(UIC CHP & UDIMS HFF)

12:00 - 12:30

TEDx Talk: "The Reversibility of the Irreversible in Medicine»
Speaker: Carlos Vasconcelos

12:30 - 13:00

Takeda Symposium

13:00 - 14:00

..... LUNCH break

19 JUNE

PONTO C
Auditório

friday **afternoon**

14:00 - 14:30 **CSL Symposium**

14:30 - 15:00 **Challenges to Early Diagnosis in Non-Radiographic Axial Spondyloarthritis**
Moderators: Álvaro Ferreira, Jorge Fortuna
Speaker: Bruno Grima

15:00 - 15:30 **Mimetics of IgG4-Related Diseases**
Moderators: Jorge Creso, João Oliveira
Speaker: Luca Quartuccio (Italy)

16:00 - 16:30 COFFEE break

16:30 - 17:00 **New Horizons in Sjögren's Syndrome: from Bench to Bedside**
Moderators: Glória Alves, Ivone Valadão
Speaker: Athanasios G. Tzioufas (Greece)

17:00 - 17:30 **Astrazeneca Symposium**

17:30 - 18:00 **RIDAI Challenges**
Speaker: Carlos Carneiro

18:00 - 18:30 **General Assembly**

20:30 **Congress Dinner**

20 JUNE

PONTO C
Auditório

saturday morning

08:30 - 09:30

Meet the Expert

Rheumatoid Arthritis Treatment Options - Beyond the Guidelines

Moderators: Matteo Piga (Italy), Carlos Carneiro

Speakers: António Marinho

08:30 - 09:30

Sala Caturra

Oral Communications

Mafalda Santos, Daniela Marado

Foyer

Poster Presentations

Joana Monteiro, José Aguilera Ríos,
João Matos, Margarida Coelho

09:30 - 10:00

Emerging and Reemerging Infections in Autoimmune Diseases - Impact and Approach

Moderators: Margarida Jacinto, Teresa Faria

Speaker: Kamal Mansinho

10:00 - 10:30

Therapeutic Adherence and Mental Health: Invisible Barriers to Remission

Moderators: Edite Pereira, Cristina Rosário

Speaker: Margarida Figueiredo-Braga

10:30 - 11:00

COFFEE break

11:00 - 11:30

Catastrophic Antiphospholipid Syndrome - Diagnosis and Management

Moderators: Laurent Arnaud (France), Graziela Carvalheiras

Speaker: Ricard Cervera (Spain)

11:30 - 12:00

Clinical Year in Preview: Updates that will Change Our Practice and Research in the Near Future

Speakers: José Delgado Alves, António Marinho

12:00 - 12:30

Novartis Symposium

12:30 - 14:00

LUNCH break

20 JUNE

PONTO C
Auditório

saturday afternoon

14:00 - 14:30 **Recordati Symposium**

14:30 - 15:30 **Building Bridges: an International Perspective**

Moderators: Sofia Pinheiro, Natália Oliveira, Vera Bernardino

- International collaboration in autoimmunity: results and future perspectives
Speaker: Matteo Piga (Italy)
- Global collaboration in SLE
Speaker: Laurent Arnaud (France)

15:30 - 16:30 **Autoimmune Diseases: Bridging Science and Care**

Moderators: Carlos Carneiro, António Marinho e José Delgado Alves

- How to integrate basic research into clinical practice
Speaker: Inês Alves
- From mechanisms to care in autoimmunity
Speaker: Daniel Oliveira

16:30 - 17:00 **Closing Ceremony and Awards**

REGISTRATION FORM

ONLINE
Registration at
www.spmi.pt

MEMBER NR.

NAME

AFFILIATION

ADDRESS

POSTAL CODE

 -

LOCATION

PHONE

E-MAIL

RECEIPT

NAME

VAT NUMBER

SIGNATURES

REGISTRATION FEE

<input type="checkbox"/> NEDAI MEMBER	200 €
<input type="checkbox"/> NON MEMBER	250 €
<input type="checkbox"/> RESIDENT	150 €

REGISTRATION - COURSES FEES

<input type="checkbox"/> Clinical Escape Game	
Por pessoa	85 €
Por grupo de 5 participantes	375 €
<input type="checkbox"/> Update on Antiphospholipid Syndrome (European Forum on APS)	75 €
<input type="checkbox"/> Networking with General Practitioners	50 €

REGISTRATION FEES INCLUDE:

- Admission to all scientific sessions
- Congress material including final programme and abstract book
- Admission to the exhibition area
- Admission to the congress dinner
- Buffet lunches and coffee breaks provided during the congress
- Digital certificate of attendance

ACCOMMODATION

	PENAFIEL		PORTO
	PENAFIEL PARK HOTEL ****	HOTEL PALACE S. VICENTE ****	HOTEL PORTOBAY TEATRO ****
Single BB	95,00€	130,00€	176,00€
Double BB	130,00€	150,00€	195,00€

CONDIÇÕES DE PAGAMENTO

Reservas de Alojamento só serão aceites se acompanhadas do pagamento da totalidade das noites pretendidas.

Pagamento do Alojamento a ser efetuado à Veranatura:

NIB: 0033.000.000.580.337.320.17

IBAN: PT50 | Swift code: BCOMPTPL

CONDIÇÕES DE CANCELAMENTO

0 cancelamento após o dia 14 de Fevereiro tem como penalidade a totalidade do valor pago.

Secretariado Executivo:

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