

XII NATIONAL CONGRESS OF AUTOIMMUNITY

XXXI ANNUAL MEETING OF
NEDAI

17
—
20
JUNE
2026

PENAFIEL
PONTO C

BUILDING BRIDGES
TO THE FUTURE

PROGRAMME





NEDAI National Coordinator

Carlos Carneiro

Chairperson

Natália Oliveira

Organising Committee

Carlos Vasconcelos

José Delgado Alves

António Marinho

Fernando Salvador

Margarida Jacinto

Edite Pereira

Elisabete Pinelo

André Real

Daniel Oliveira

Margarida Coelho

XII NATIONAL CONGRESS OF
AUTOIMMUNITY

XXXI ANNUAL MEETING OF
NEDAI

17

JUNE 2026
wednesday

PRE-CONGRESS COURSES

- **Clinical Escape Game**
- **APS in Clinical Practice: an European Forum on APL Workshop**
- **Networking with General Practitioners**

17

JUNE 2026
wednesday

APS IN CLINICAL PRACTICE: AN EUROPEAN FORUM ON APL WORKSHOP

Coordination:

José Delgado Alves / Catarina Favas

President European Forum on APL

UDIMS, Fernando Fonseca Hospital, Amadora, Portugal

Immune Response and Vascular Disease Research Group, iNOVA4Health, NOVA Medical School, Lisbon, Portugal.

- 09:00 Welcome and Introduction to "APS in Clinical Practice" - José Delgado Alves
- 09:15 APS: the coagulation perspective - Ricardo Oliveira
- 09:45 APS: the immunology perspective- Pierluigi Meroni
- 10:30 Coffee break
- 11:00 Immunologic regulation in pregnancy - Catarina Favas
- 11:45 Diagnosing APS - Nathalie Costedoat-Chalumeau
- 12:30 Lunch break
- 14:00 Obstetric APS: clinical and biologic aspects/treatment - Nathalie Costedoat - Chalumeau/Fátima Serrano
- 15:00 Non-antithrombotic treatment of APS - José Delgado Alves
- 15:30 Coffee break
- 15:45 Catastrophic APS - Filipe Paula
- 16:30 Workshop evaluation and final comments - José Delgado Alves

17

JUNE 2026
wednesday

NETWORKING WITH GENERAL PRACTITIONERS

- 09:00 Opening Session
Autoimmunity in Primary Care - Natália Oliveira, Carina Rocha de Sousa
- 09:15 Red Flags in Autoimmune Diseases - Daniel Oliveira
- 09:45 Autoimmune Diseases that the General Practitioner Should Recognise - Joana Rua
- 10:15 Interpretation of Laboratory Tests - Part I - Pedro Cabral
- 10:45 Coffee Break
- 11:15 Interpretation of Laboratory Tests - Part II - Éster Ferreira
- 11:45 Practical Algorithms for the General Practitioner - Margarida Coelho
- 12:15 Lunch
- 14:00 Warning Signs of Disease Reactivation - André Real
- 14:30 Interactive Clinical Cases
Presenters: Carina Rocha de Sousa, Ana Magalhães Soares, Jonathan dos Santos, Alcino Duarte
Moderators: Edite Pereira, Elisabete Pinelo, Margarida Jacinto, Daniel Oliveira
- 15:30 Coffee Break
- 16:00 Course Evaluation and Closing Session



Prizes and Awards

NEDAI AWARDS

Each year at the Congress, NEDAI gives awards to recognize dedication and innovation in autoimmunity research and clinical practice.

- Clinical & Basic Research Study in Autoimmunity Award
- Autoimmunity Research Prize

Award **5.000€**

Submission Deadline **April, 30**

ABSTRACT AWARDS

The Scientific Programme Committee selects the best abstracts submitted to the Congress based on their scientific quality and content.

- Best Poster Award
- Best Oral Communication Award

Submission Deadline **April, 30**

EULAR 2027 Subscription

Info www.spmi.pt

18 JUNE

thursday morning

08:30 - 09:30

Meet the Expert

Update on Lupus Nephritis – From Clinical to Practical Challenges

Moderators: Carlos Vasconcelos, Thomas Huizinga

Speaker: Frédéric Houssiau

08:30 - 09:30

Oral Communications

Vera Romão, Rosário Silva

Poster Presentations

Pedro Lopes, Marisa Neves,
Nadejda Potlog, Miriam Sibrão

09:30 - 10:00

Artificial Intelligence and Big Data in Clinical Practice: Impact on Future Immunology

Moderators: Luís Campos, Lèlita Santos

Speaker: TBC

10:00 - 10:30

Opening Ceremony

10:30 - 11:00

COFFEE break

11:00 - 12:00

Prevention is Still the Best Medicine – Updates for Rheumatoid Arthritis and Lupus

Moderators: António Marinho, Frédéric Houssiau

Speaker: Thomas Huizinga

12:00 - 12:30

Astrazeneca Symposium

12:30 - 14:00

LUNCH break



18 JUNE

thursday afternoon

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14:00 - 15:00 **Abbvie Symposium**

15:00 - 15:30 **Regulation of Autoinflammation and Autoimmunity Informed by Inborn Errors of Immunity**

Moderators: Daniel Oliveira, Frederico Batista
Speaker: João Farela Neves

15:30 - 16:00 **Mechanisms and Therapeutics in Inflammatory Muscle Diseases**

Moderators: Marta Amaral, Paula Ferreira
Speaker: Ana Campar

16:00 - 16:30 **Gut-Immune-Brain Axis**

Moderators: Raquel Faria, Carlos Alberto Ferreira
Speaker: José Delgado Alves

16:30 - 17:00 COFFEE break

17:00 - 17:30 **Update in Approach of Comorbidities in Autoimmune Diseases**

Moderators: Elisabete Pinelo, André Real
Speaker: Fernando Salvador

17:30 - 18:00 **Nedai Awards Presentation**



19 JUNE

friday morning

08:30 - 09:30

Meet the Expert

What's New in Large Vessel Vasculitis?

Moderators: João Fernandes Serôdio, Tomás Fonseca

Speaker: Milena Bond

08:30 - 09:30

Oral Communications

Catarina Fava, Teresa Mendonça

Poster presentations

Carlos Capela, Cláudia Ferrão,
Margarida Coelho, Hilda Freitas

09:30 - 10:00

Gene and Cell Therapy in Autoimmune Diseases – Where are We?

Moderators: Nuno Riso, João Araújo Correia

Speaker: Luis Graça

10:00 - 10:30

Systemic Sclerosis-Interstitial Lung Disease: Cellular Mechanisms and Translational Applications in Lung Fibrosis

Moderators: Isabel Almeida, Susana Oliveira

Speaker: Filipe Paula

10:30 - 11:00

..... COFFEE break

11:00 - 11:30

“Beyond the Lung”: ENT Manifestations in Anca-Associated Vasculitis

Moderators: Marta Casal Moura, Joana Cunha

Speaker: Alexandra Nanzer (UK)

11:30 - 12:00

Mysterious Clinical Challenge

(UIC CHP & UDIMS HFF)

12:00 - 12:30

TEDx Talk: “The Reversibility of the Irreversible in Medicine»

Speaker: Carlos Vasconcelos

12:30 - 13:00

Takeda Symposium

13:00 - 14:00

..... LUNCH break



19 JUNE

friday afternoon

14:00 - 14:30 **CSL Symposium**

14:30 - 15:00 **Challenges to Early Diagnosis in Non-Radiographic Axial Spondyloarthritis**

Moderators: Álvaro Ferreira, Jorge Fortuna
Speaker: Bruno Grima

15:00 - 15:30 **Mimetics of IgG4-Related Diseases**

Moderators: Jorge Crespo, João Oliveira
Speaker: Luca Quartuccio

16:00 - 16:30 COFFEE break

16:30 - 17:00 **New Horizons in Sjögren's Syndrome: from Bench to Bedside**


Moderators: Glória Alves, Ivone Valadão
Speaker: Athanasios G. Tzioufas

17:00 - 17:30 **Recordati Symposium**

17:30 - 18:00 **RIDAI Challenges**
Speaker: Carlos Carneiro

18:00 - 18:30 **General Assembly**

20:30 **Congress Dinner**



20 JUNE

saturday morning

08:30 - 09:30

Meet the Expert

Rheumatoid Arthritis Treatment Options - Beyond the Guidelines

Moderators: Matteo Piga, Carlos Carneiro

Speakers: António Marinho

08:30 - 09:30

Oral Communications

Mafalda Santos, Daniela Marado

Poster Presentations

Joana Monteiro, José Aguilera Ríos,
João Matos, Helena Brito

09:30 - 10:00

Emerging and Reemerging Infections in Autoimmune Diseases - Impact and Approach

Moderators: Margarida Jacinto, Teresa Faria

Speaker: Kamal Mansinho

10:00 - 10:30

Therapeutic Adherence and Mental Health: Invisible Barriers to Remission

Moderators: Edite Pereira, Cristina Rosário

Speaker: Margarida Figueiredo-Braga

10:30 - 11:00

..... COFFEE break

11:00 - 11:30

Catastrophic Antiphospholipid Syndrome - Diagnosis and Management

Moderators: Laurent Arnaud, Graziela Carvalheiras

Speaker: Ricard Cervera

11:30 - 12:00

Clinical Year in Preview: Updates that will Change Our Practice and Research in the Near Future

Speakers: José Delgado Alves, António Marinho

12:00 - 12:30

Novartis Symposium

12:30 - 14:00

..... LUNCH break



20 JUNE

saturday afternoon

14:00 - 14:30 **Astrazeneca Symposium**

14:30 - 15:30 **Building Bridges: an International Perspective**

Moderators: Sofia Pinheiro, Natália Oliveira, Vera Bernardino

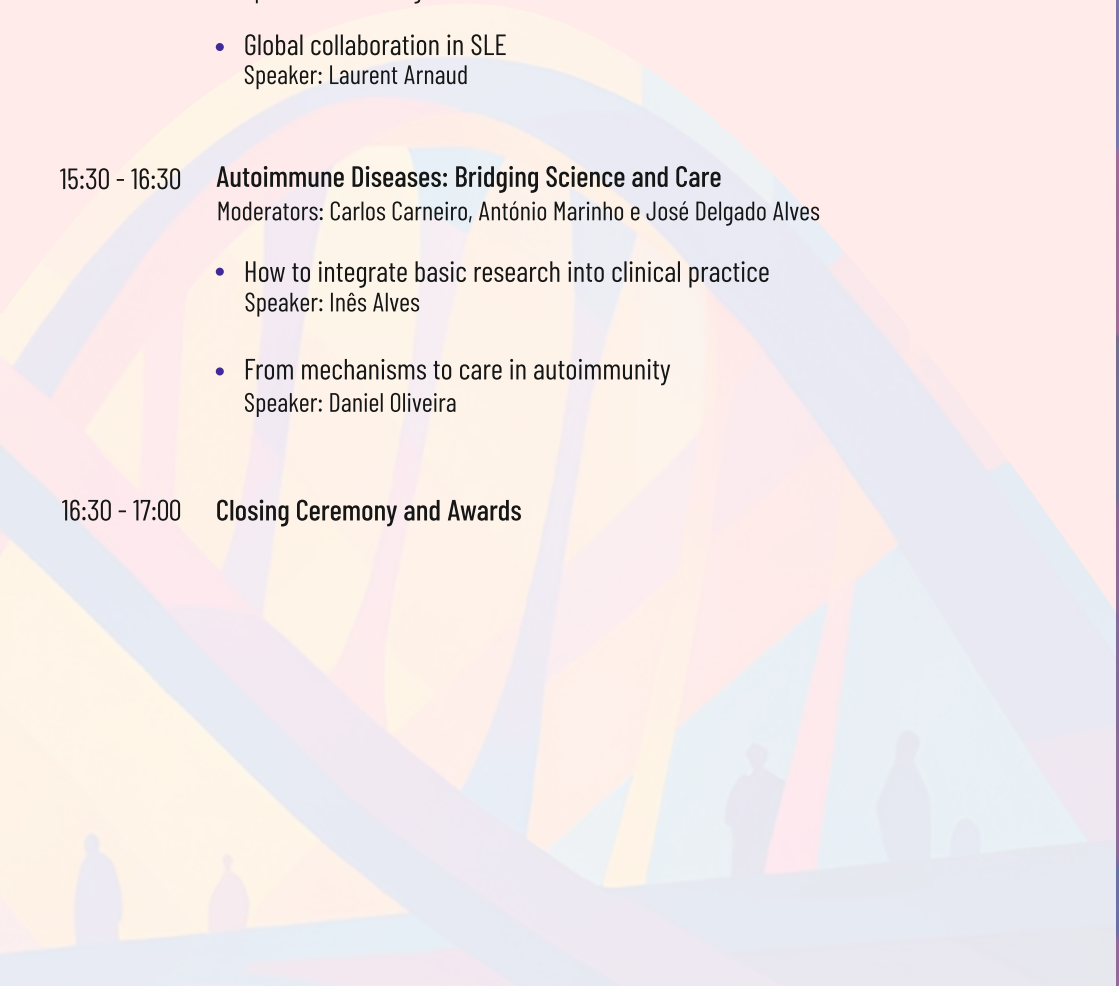
- International collaboration in autoimmunity: results and future perspectives
Speaker: Matteo Piga
- Global collaboration in SLE
Speaker: Laurent Arnaud

15:30 - 16:30 **Autoimmune Diseases: Bridging Science and Care**

Moderators: Carlos Carneiro, António Marinho e José Delgado Alves

- How to integrate basic research into clinical practice
Speaker: Inês Alves
- From mechanisms to care in autoimmunity
Speaker: Daniel Oliveira

16:30 - 17:00 **Closing Ceremony and Awards**



REGISTRATION FORM

ONLINE
Registration at
www.spmi.pt

MEMBER NR.

NAME

AFILIATION

ADDRESS

POSTAL CODE

 -

LOCATION

PHONE

E-MAIL

RECEIPT

NAME

VAT NUMBER

SIGNATURES

REGISTRATION FEE

| | |
|---------------------------------------|-------|
| <input type="checkbox"/> NEDAI MEMBER | 200 € |
| <input type="checkbox"/> NON MEMBER | 250 € |
| <input type="checkbox"/> RESIDENT | 150 € |

REGISTRATION - COURSES FEES

| | |
|--|-------|
| <input type="checkbox"/> Clinical Escape Game | |
| Por pessoa | 85 € |
| Por grupo de 5 participantes | 375 € |
| <input type="checkbox"/> Update on Antiphospholipid Syndrome (European Forum on APS) | 75 € |
| <input type="checkbox"/> Networking with General Practitioners | 50 € |

REGISTRATION FEES INCLUDE:

- Admission to all scientific sessions
- Congress material including final programme and abstract book
- Admission to the exhibition area
- Admission to the congress dinner
- Buffet lunches and coffee breaks provided during the congress
- Digital certificate of attendance

ACCOMMODATION

| | PENAFIEL | | PORTO |
|-----------|-----------------------------|---------------------------------|-------------------------------|
| | PENAFIEL PARK HOTEL **** | HOTEL PALACE S. VICENTE **** | HOTEL PORTOBAY TEATRO **** |
| Single BB | 95,00€ | 130,00€ | 176,00€ |
| Double BB | 130,00€ | 150,00€ | 195,00€ |

CONDIÇÕES DE PAGAMENTO

Reservas de Alojamento só serão aceites se acompanhadas do pagamento da totalidade das noites pretendidas.

Pagamento do Alojamento a ser efetuado à Veranatura:

NIB: 0033.000.000.580.337.320.17

IBAN: PT50 | Swift code: BCOMPTPL

CONDIÇÕES DE CANCELAMENTO

0 cancelamento após o dia 14 de Fevereiro tem como penalidade a totalidade do valor pago.

Secretariado Executivo:

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