

# XII NATIONAL CONGRESS OF AUTOIMMUNITY

XXXI ANNUAL MEETING OF  
NEDAI

17  
—  
20  
JUNE  
2026

PENAFIEL  
PONTO C

BUILDING BRIDGES  
TO THE FUTURE

PROGRAMME



## **NEDAI National Coordinator**

**Carlos Carneiro**

## **Chairperson**

**Natália Oliveira**

## **Organising Committee**

**Carlos Vasconcelos**

**José Delgado Alves**

**António Marinho**

**Fernando Salvador**

**Margarida Jacinto**

**Edite Pereira**

**Elisabete Pinelo**

**André Real**

**Daniel Oliveira**

**Margarida Coelho**

**XII** NATIONAL CONGRESS OF  
**AUTOIMMUNITY**

**XXXI** ANNUAL MEETING OF  
**NEDAI**

**17**

**JUNE 2026**

wednesday

# PRE-CONGRESS COURSES

- Clinical Escape Game
- Update on Antiphospholipid Syndrome  
(European Forum on APS)
- Networking with General Practitioners



# Prizes and Awards

## NEDAI AWARDS

Each year at the Congress, NEDAI gives awards to recognize dedication and innovation in autoimmunity research and clinical practice.

- Clinical & Basic Research Study in Autoimmunity Award
- Autoimmunity Research Prize

Award **5.000€**

Submission Deadline **April, 30**

## ABSTRACT AWARDS

The Scientific Programme Committee selects the best abstracts submitted to the Congress based on their scientific quality and content.

- Best Poster Award
- Best Oral Communication Award

Submission Deadline **April, 30**

EULAR 2027 Subscription

Info **[www.spmi.pt](http://www.spmi.pt)**

# 18 JUNE

thursday morning

08:30 - 09:30

Meet the Expert

Update on Lupus Nephritis – From Clinical to Practical Challenges

08:30 - 09:30

Oral Communications

Poster Presentations

09:30 - 10:00

Artificial Intelligence and Big Data in Clinical Practice: Impact on Future Immunology

10:00 - 10:30

Opening Ceremony

10:30 - 11:00

..... COFFEE *break* .....

11:00 - 12:00

Prevention is Still the Best Medicine – Updates for Rheumatoid Arthritis and Lupus

- Identifying who is at risk of developing SLE and RA?
- Can AR and lupus be prevented?

12:00 - 12:30

Industry Symposium

12:30 - 14:00

..... LUNCH *break* .....



# 18 JUNE

thursday afternoon

14:00 - 14:30 Industry Symposium

14:30 - 15:00 Regulation of Autoinflammation and Autoimmunity Informed by Inborn Errors of Immunity

15:00 - 15:30 Mechanisms and Therapeutics in Inflammatory Muscle Diseases

15:30 - 16:00 Catastrophic Antiphospholipid Syndrome – Diagnosis and Management

16:00 - 16:30 ..... COFFEE *break* .....

16:30 - 17:00 Update in Approach of Comorbidities in Autoimmune Diseases

17:00 - 17:30 Nedai Awards Presentation

19 JUNE

friday morning

08:30 - 09:30

Meet the Expert

What's New in Large Vessel Vasculitis?

08:30 - 09:30

Oral Communications

Poster presentations

09:30 - 10:00

Gene and Cell Therapy in Autoimmune Diseases – Where are We?

10:00 - 10:30

Systemic Sclerosis-Interstitial Lung Disease: Cellular Mechanisms and Translational Applications in Lung Fibrosis

10:30 - 11:00

..... COFFEE *break* .....

11:00 - 11:30

"Beyond the Lung": ENT Manifestations in Anca-Associated Vasculitis

11:30 - 12:00

Mysterious Clinical Challenge

12:00 - 12:30

TEDx Talk: "The Reversibility of the Irreversible in Medicine»

12:30 - 14:00

..... LUNCH *break* .....



# 19 JUNE

friday afternoon

14:00 - 14:30 Industry Symposium

14:30 - 15:00 Challenges to Early Diagnosis in Non-Radiographic Axial Spondyloarthritis

15:00 - 15:30 Mimetics of IgG4-Related Diseases

16:00 - 16:30 ..... COFFEE *break* .....

16:30 - 17:00 New Horizons in Sjögren's Syndrome: from Bench to Bedside

17:00 - 17:30 Ridai Challenges

17:30 - 18:30 General Assembly

20 JUNE

saturday morning

08:30 - 09:30

Meet the Expert

Rheumatoid Arthritis Treatment Options - Beyond the Guidelines

08:30 - 09:30

Oral Communications

Poster Presentations

09:30 - 10:00

Emerging and Reemerging Infections in Autoimmune Diseases - Impact and Approach

10:00 - 10:30

Therapeutic Adherence and Mental Health: Invisible Barriers to Remission

10:30 - 11:00

..... COFFEE *break* .....

11:00 - 11:30

Gut-Immune-Brain Axis: New Therapeutic Windows

11:30 - 12:00

Clinical Year in Preview: Updates that will Change Our Practice and Research in the Near Future

12:00 - 12:30

Industry Symposium

12:30 - 14:00

..... LUNCH *break* .....



# 20 JUNE

saturday afternoon

.....

14:00 - 14:30 **Industry Symposium**


14:30 - 15:30 **Building Bridges: an International Perspective**

- International collaboration in autoimmunity: results and future perspectives
- Global collaboration in SLE

15:30 - 16:30 **Autoimmune Diseases: Bridging Science and Care**

- How to integrate basic research into clinical practice
- From mechanisms to care in autoimmunity

16:30 - 17:00 **Closing Ceremony and Awards**



# REGISTRATION FORM

**ONLINE**  
Registration at  
[www.spmi.pt](http://www.spmi.pt)

MEMBER NR.

NAME

AFILIATION

ADDRESS

POSTAL CODE

 - 

LOCATION

PHONE

E-MAIL

## RECEIPT

NAME

VAT NUMBER

SIGNATURES

## REGISTRATION FEE

<input type="checkbox"/> NEDAI MEMBER	200 €
<input type="checkbox"/> NON MEMBER	250 €
<input type="checkbox"/> RESIDENT	150 €

## REGISTRATION - COURSES FEES

<input type="checkbox"/> Clinical Escape Game	
Por pessoa	85 €
Por grupo de 5 participantes	375 €
<input type="checkbox"/> Update on Antiphospholipid Syndrome (European Forum on APS)	75 €
<input type="checkbox"/> Networking with General Practitioners	50 €

## REGISTRATION FEES INCLUDE:

- Admission to all scientific sessions
- Congress material including final programme and abstract book
- Admission to the exhibition area
- Admission to the congress dinner
- Buffet lunches and coffee breaks provided during the congress
- Digital certificate of attendance

# ACCOMMODATION

	PENAFIEL		PORTO
	PENAFIEL PARK HOTEL ****	HOTEL PALACE S. VICENTE ****	HOTEL PORTOBAY TEATRO ****
Single BB	95,00€	130,00€	176,00€
Double BB	130,00€	150,00€	195,00€

## CONDIÇÕES DE PAGAMENTO

Reservas de Alojamento só serão aceites se acompanhadas do pagamento da totalidade das noites pretendidas.

Pagamento do Alojamento a ser efetuado à Veranatura:

NIB: 0033.000.000.580.337.320.17

IBAN: PT50 | Swift code: BCOMPTPL

## CONDIÇÕES DE CANCELAMENTO

O cancelamento após o dia 14 de Fevereiro tem como penalidade a totalidade do valor pago.

**Secretariado Executivo:**

**VERANATURA**

+351 217 120 778

[silviadasilva@veranatura.pt](mailto:silviadasilva@veranatura.pt)

[www.veranatura.pt](http://www.veranatura.pt)

