

XI NATIONAL CONGRESS OF NEDAI

XXX ANNUAL MEETING OF
AUTOIMMUNITY

19
21

JUNE
2025

Connecting teams,
transforming healthcare!

ÉVORA

SCIENTIFIC PROGRAMME

NEDAI National Coordinator

Carlos Carneiro

Chairperson

Margarida Jacinto

Organising Committee

Ana Duarte

Ana Teresa Vieira

Filipe Alfaiate

Flávio Quadrado

Frederico Batista

Maria Corraliza

Natália Oliveira

Tereza Veloso





NEDAI AWARDS

Each year at the Congress, NEDAI gives awards to recognize dedication and innovation in autoimmunity research and clinical practice.

- **Clinical Study in Autoimmunity**
- **Basic Research Study in Autoimmunity**
- **Autoimmunity Research Award**

**Submission
Deadline**
April, 30

Award
5.000€

**Submission
Deadline**
April, 30

ABSTRACT AWARDS

The Scientific Programme Committee selects the best abstracts submitted to the Congress based on their scientific quality and content.

- **Best Poster Award**
- **Best Oral Communication Award**

EULAR 2026
Subscription



PRE-CONGRESS COURSES 18th June

3 Full-Day Courses



09h30 - 17h00

Articular and Vascular Ultrasound

Frederico Batista, João Seródio, Mónica Baptista Lopes (ULS Amadora/Sintra)



09h30 - 17h00

Novel Therapeutic Agents in Autoimmune Diseases

António Marinho, António Lamas, Raquel Faria, Ana Campar, Isabel Fonseca Silva, Marta Moura, Ivone Valadão (ULS Santo António)



09h30 - 17h00

Emergencies in Autoimmune Diseases

Graziela Carvalheiras, Tomás Fonseca, Álvaro Ferreira, Pedro Vita, Ivo Barreiro (ULS Santo António)

1 Half-Day Course



09h30 - 13h00

Basic Immunology

José Delgado Alves (ULS Amadora/Sintra)

19

june

thursday



08:30 - 09:30

MEET THE EXPERT



ROOM ANDRADE

Still's Disease

Speaker: Raquel Faria
(ULS Santo António)



ROOM VEIGA

Strategies to Reduce Steroids Use in SLDE Management

Speaker: Catarina Favas
(ULS Amadora/Sintra)

08:30 - 09:30

ORAL COMMUNICATIONS



ROOM SORRAIA

André Real (ULS do Médio Tejo); João Matos Costa (ULS Lezíria)

08:30 - 09:30

POSTER PRESENTATIONS



E-POSTER AREA

- Eposter1 - Miriam Cimbron (US Ilha de São Miguel)
- Eposter2 - Helena Brito (ULS Algarve)
- Eposter3 - José Villa Brito (ULS Arrábida)
- Eposter4 - Francine Morais (ULS do Alto Alentejo)

09:30 - 10:00

STRATEGIES TO IMPROVE SUSTAINABILITY IN AUTOIMMUNE DISEASES MANAGEMENT

Moderators: Lélita Santos (ULS Coimbra); Glória Alves (ULS Alto Ave)
Speaker: Luís Campos (CUF Belém)



ROOM ALTER REAL

10:00 - 10:45

OPENING CEREMONY

Carlos Carneiro (Hospital Particular do Algarve); Margarida Jacinto (ULS Alentejo Central)

10:45 - 11:15



COFFEE BREAK

11:15 - 12:15

SYSTEMIC LUPUS ERYTHEMATOSUS

Moderators: José Delgado Alves (ULS Amadora-Sintra); Raquel Faria (ULS Santo António)

Guidelines – Why Did They Change and Why are They Crucial for Changing Clinical Practice and Improving Patient Outcomes?

Speaker: Laurent Arnaud (President of SLEuro, France)

Is It Really Possible to Achieve and Maintain Patients in Remission or Low Disease Activity State with no Systemic Damage Index Progression in Daily Clinical Practice?

Speakers: Gilberto Rosa (ULS São João) e António Marinho (ULS Santo António)



ROOM ALTER REAL

june
thursday

19

ROOM ALTER REAL

12:15 - 12:45

SYMPOSIUM

12:45 - 14:00



LUNCH

14:00 - 14:30

SYMPOSIUM

14:30 - 15:00

SJÖGREN'S SYNDROME EXTRAGLANDULAR MANIFESTATIONS

Moderators: Jorge Fortuna (ULS Coimbra); Frederico Batista (ULS Amadora/Sintra)

Speaker: Ivone Valadão (ULS Santo António)

15:00 - 16:00

COMBINING BIOLOGICS AND JAK INHIBITORS IN CONNECTIVE TISSUE DISEASES

Moderators: Fernando Salvador (ULS Trás-os-Montes e Alto Douro);
Ana Campar (ULS Santo António)

Speakers: Tomás Fonseca (ULS Santo António); João Serôdio (ULS Amadora/Sintra)

16:00 - 16:30



COFFEE BREAK

16:30 - 17:00

VASCULAR BEHÇET

Moderators: João Arraújo Correia (ULS Santo António);
Laurent Arnaud (President of SLEuro, France)

Speaker: Matteo Piga (University of Cagliari, Italy)

17:00 - 17:30

NEDAI AWARDS PRESENTATION

ROOM ALTER REAL



08:30 - 09:30

MEET THE EXPERT

ROOM ANDRADE

Cutaneous Manifestations of Autoimmune Diseases

Speaker:

Cláudia Brazão (ULS Santa Maria)

ROOM VEIGA

Interstitial Disease Management in Connective Tissue Diseases

Speaker:

Susana Oliveira (ULS Amadora/Sintra)

08:30 - 09:30

ORAL COMMUNICATIONS

ROOM SORRAIA

Vera Romão (ULS VDL/CUF Viseu); Daniela Marado (ULS Coimbra)

08:30- 09:30

POSTER PRESENTATIONS

E-POSTER AREA

- Eposter1 - Elsa Gaspar (ULS Coimbra)
- Eposter2 - João Pedro Tavares (ULS Viseu)
- Eposter3 - Sónia Moreira (ULS Coimbra)
- Eposter4 - Joana Vedes (ULS Guarda)

09:30 - 10:30

SPI ROUNDTABLE – IMMUNE CELL DIFFERENTIATION

ROOM ALTER REAL

Moderators: José Delgado Alves (ULS Amadora/Sintra); Afonso Almeida (SPI/FMUL)

Speaker: Luís Graça (ULS Santa Maria)

10:30 - 11:15

MYSTERIOUS CLINICAL CHALLENGE

Presenter: HSA

Discussion: HFF

11:15 - 11:45



COFFEE BREAK

11:15 - 12:15

DIFFICULT-TO-TREAT RHEUMATOID ARTHRITIS AND SPONDYLOARTHRITIS

Moderators: Sofia Pinheiro (ULS São José); Carlos Carneiro (Hospital Particular do Algarve)

Speakers: Fernando Salvador (ULS Trás-os-Montes e Alto Douro);

Joana Caetano (ULS Amadora/Sintra)

ROOM ALTER REAL



june
friday

20

 ROOM ALTER REAL

12:30 - 13:00

SYMPOSIUM

13:00 - 14:15



LUNCH

14:15 - 15:00

NON-INFECTIOUS UVEITIS MIMICS

Moderators: Bruno Grima (ULS Amadora/Sintra); Jorge Crespo (ULS Coimbra)

Speakers: Ana Isabel Reis (ULS Loures-Odivelas); João Garrido (ULS Alentejo Central)

15:00 - 15:45

CHALLENGES DURING THE REPRODUCTIVE YEARS

Moderators: Vera Bernardino (ULS São José); Isabel Almeida (ULS Santo António)

Speakers: Fátima Serrano (ULS São José); Filipe Alfaiate (ULS Alentejo Central)

15:45 - 16:15



COFFEE BREAK

16:45 - 17:15

**THE CONNECTION BETWEEN THE BRAIN AND THE IMMUNE SYSTEM:
CURRENT CONCEPTS OF PSYCHONEUROIMMUNOLOGY**

Moderators: Daniel Oliveira (ULS Tâmega e Sousa); Filipe Palavra (ULS Coimbra)

Speaker: Raquel Faria (ULS Santo António)

17:00 - 17:30

GENERAL ASSEMBLY

 ROOM ALTER REAL

20:30

CONGRESS DINNER



08:30 - 09:30 **MEET THE EXPERT**

 **ROOM ANDRADE**

Immune Checkpoint Inhibitors

Speaker:
Tomás Fonseca (ULS Santo António)

 **ROOM VEIGA**

Vasculitis Mimics

Speaker:
Carla Noronha (ULS Loures-Odivelas)

08:30 - 09:30

ORAL COMMUNICATIONS

 **ROOM SORRAIA**

Joana Cunha (ULS de Trás-os-Montes e Alto Douro); Elisabete Pinelo (ULS do Nordeste)

08:30 - 09:30

POSTER PRESENTATIONS

 **E-POSTER AREA**

- Eposter1 - Paula Soares Ferreira (ULS de Gaia e Espinho)
- Eposter2 - Mafalda Santos (ULS de Entre Douro e Vouga)
- Eposter3 - Edite Pereira (Centro Hospitalar Universitário de São João)
- Eposter4 - Hilda Freitas (SESARAM)

09:30 - 10:15

ARTIFICIAL INTELLIGENCE IN AUTOIMMUNE DISEASES

 **ROOM ALTER REAL**

Moderators: Bernardo Neves (Hospital da Luz); Carlos Vasconcelos (ULS Santo António)

Speakers: Rita Novera (ULS Matosinhos); Maja Schlereth, PhD candidate (FAU, Germany)

10:15 - 11:00

YEAR IN REVIEW: BASIC AND CLINICAL RESEARCH

Moderators: Carlos Carneiro (Hospital Particular do Algarve); Pedro Vita (ULS Santo António)

Speakers: José Delgado Alves (ULS Amadora/Sintra); António Marinho (ULS Santo António)

11:00 - 11:30

 **COFFEE BREAK**

11:30 - 12:30

NEW CHALLENGES IN MANAGEMENT OF CARDIOVASCULAR RISK IN AUTOIMMUNE DISEASES

Moderators: Nuno Marques (ULS Alentejo Central); Nuno Riso (ULS São José)

Speakers: José Delgado Alves (ULS Amadora/Sintra); Pedro Cunha (ULS Alto Ave)

 **ROOM ALTER REAL**



june
saturday

21

 ROOM ALTER REAL

12:30 - 13:00

SYMPOSIUM

13:00 - 14:30



LUNCH

14:30 - 15:00

VACCINATION IN AUTOIMMUNE DISEASES – MYTHS AND REALITIES

Moderators: Natália Oliveira (ULS Tâmega e Sousa); Teresa Faria (SESARAM)

Speaker: Cláudia Miranda (ULS Lisboa Ocidental)

15:00 - 15:30

MARGINALIZED DISEASES – SARCOIDOSIS

Moderators: Marta Amaral (ULS Amadora/Sintra); Ana Grilo (ULS Loures-Odivelas)

Speaker: Carlos Vasconcelos (ULS Santo António)

15:30 - 16:00

AUTOIMMUNE DISEASES: CHALLENGES IN MEDICAL TRAINING

Moderator: Flávia Freitas (ULS Barcelos/Esposende)

Speakers: Ana Teresa Vieira (ULS Alentejo Central); Luísa Viveiros (ULS Santo António)

16:00 - 16:30

AWARDS AND CLOSING CEREMONY

Carlos Carneiro (Hospital Particular do Algarve); António Marinho (ULS Santo António)

 ROOM ALTER REAL



REGISTRATION FEES

Online registration at: www.spmi.pt

REGISTRATION

☐ NEDAI MEMBER	200 €
☐ NON MEMBER	250 €
☐ RESIDENT	150 €

REGISTRATION - COURSES

☐ Articular and Vascular Ultrasound - FULL DAY	50 €
☐ Novel Therapeutic Agents in Autoimmune Diseases - FULL DAY	50 €
☐ Emergencies in Autoimmune Diseases - FULL DAY	50 €
☐ Basic Immunology - HALF DAY	50 €

COURSE REGISTRATION FEE INCLUDES:

- Half Day Course: Coffee Break
- Full Day Course: Coffee Breaks & Lunch

REGISTRATION FEES INCLUDE:

- Admission to all scientific sessions
- Congress material including final programme and abstract book
- Admission to the exhibition area
- Admission to the congress dinner
- Buffet lunches and coffee breaks provided during the congress
- Digital certificate of attendance





ACCOMMODATION

	VILA GALÉ ÉVORA ****	ÉVORA HOTEL ****
Single BB	148,00€	118,00€
Double BB	159,00€	128,00€

CONDIÇÕES DE PAGAMENTO

Reservas de Alojamento só serão aceites se acompanhadas do pagamento da totalidade das noites pretendidas.

Pagamento do Alojamento a ser efetuado à Veranatura:

NIB: 0033.000.000.580.337.320.17

IBAN: PT50 | Swift code: BCOMPTPL

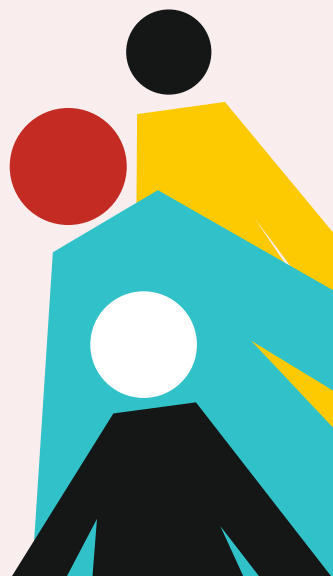
CONDIÇÕES DE CANCELAMENTO

O cancelamento após o dia 14 de Fevereiro tem como penalidade a totalidade do valor pago.

Privacy Policy at <https://www.veranatura.declaracao-de-privacidade>

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