

X CONGRESSO NACIONAL DE AUTOIMUNIDADE

XXIX REUNIÃO ANUAL DO
NEDAI

27 · 28 · 29

June 2024

CENTRO CULTURAL DE BELÉM

LISBON

From bedside to bench,
one size does not fit all!



SCIENTIFIC
PROGRAMME



CHAIRPERSON

José Delgado Alves (*ULS Amadora/Sintra*)

ORGANISING COMMITTEE

Bruno Grima (*ULS Amadora/Sintra*)

Catarina Favas (*ULS Amadora/Sintra*)

Frederico Batista (*ULS Amadora/Sintra*)

Joana Caetano (*ULS Amadora/Sintra*)

João Serôdio (*ULS Amadora/Sintra*)

Marta Amaral (*ULS Amadora/Sintra*)

Susana Oliveira (*ULS Amadora/Sintra*)

SCIENTIFIC COMMITTEE

Ana Campar (*ULS Santo António*)

António Marinho (*ULS Santo António*)

Carlos Carneiro (*Hospital Particular do Algarve*)

Carlos Vasconcelos (*ULS Santo António*)

Fernando Salvador (*ULS Trás-os-Montes e Alto Douro*)

Glória Alves (*ULS Alto Ave*)

Jorge Fortuna (*ULS Coimbra*)

Lèlita Santos (*ULS Coimbra*)

Luís Campos (*CUF Belém*)

Vera Bernardino (*ULS São José*)



MEET THE EXPERT

Sjögren syndrome: clinical manifestations besides sicca syndrome

Jorge Fortuna (*ULS Coimbra*)

Antiphospholipid syndrome

Catarina Favas (*ULS Amadora/Sintra*)

Ocular inflammation

Jorge Crespo (*ULS Coimbra*)

Systemic lupus erythematosus

António Marinho (*ULS Santo António*)

Systemic sclerosis

Isabel Almeida (*ULS Santo António*)

Seronegative polyarthritis

Carlos Carneiro (*Hospital Particular do Algarve*)

ORAL COMMUNICATIONS MODERATORS

Ana Isabel Reis (*ULS Loures - Odivelas*)

Ana Clara Coelho (*ULS Gaia e Espinho*)

Joana Cunha (*ULS Trás-os-Montes e Alto Douro*)

Pedro Vita (*ULS Santo António*)

Sara Freitas (*ULS Alto Ave*)

Teresa Mendonça (*ULS Santo António*)

POSTER PRESENTATIONS MODERATORS

Daniela Brigas (*ULS Trás-os-Montes e Alto Douro*)

Daniela Marado (*ULS Coimbra*)

Deolinda Portelinha (*Centro Cirúrgico de Coimbra*)

Heidi Gruner (*ULS São José*)

Helena Brito (*ULS Algarve*)

Joana Vedes (*ULS Guarda*)

João Matos Costa (*ULS Lezíria*)

João Oliveira (*ULS São José*)

Mercedes Agundez (*ULS Alentejo Central*)

Natália Oliveira (*ULS Tâmega e Sousa*)

Ricardo Pereira (*ULS Matosinhos*)

Susana Marques (*ULS Arrábida*)



NEDAI PRIZES 2024

Every year NEDAI hands out prestigious awards during the Congress to recognise and celebrate dedication and innovation in autoimmunity research and practice.

- **Grant Clinical Study in Autoimmunity**
- **Grant Basic Research Study in Autoimmunity**
- **Prize Investigation in Autoimmunity**

Awards and Prize: 5.000,00€

Deadline Submission: April, 30

ABSTRACT AWARDS

Abstract Award winners are selected by the Scientific Programme Committee from submitted abstracts to the Congress based on the quality of scientific content.

- **Poster Prize**
- **Oral Communication Prize**

Registration at EULAR 2025

ORAL COMMUNICATIONS AND POSTER PRESENTATION

Deadline Submission: May, 9

Authors Notification: May, 20

Deadline for Authors Registration: May, 31



COURSES

June **26**

- **Nailfold Videocapillaroscopy (hands on)** full day
Marta Amaral (*ULS Amadora/Sintra*)
- **Musculoskeletal Ultrasound (hands on)** full day
Frederico Batista (*ULS Amadora/Sintra*)
- **Musculoskeletal Imaging in Autoimmune Diseases** half day
Bruno Grima (*ULS Amadora/Sintra*),
Luís Vieira (*HFAR - Hospital das Forças Armadas*)
- **Nursing Care in Autoimmune Diseases** half day
Patrícia Carneiro (*Hospital Particular do Algarve*)
- **Autoinflammatory Syndromes Basic Course** half day
Raquel Faria (*ULS Santo António*)

 **NOVARTIS**

27 June

Thursday

08:30 - 09:30

MEET THE EXPERT

- 👤 Sjögren Syndrome: Clinical Manifestations Besides Sicca Syndrome
Speaker: Jorge Fortuna (*ULS-Coimbra*)
- 👤 Antiphospholipid Syndrome
Speaker: Catarina Favas (*ULS Amadora/Sintra*)

ORAL COMMUNICATIONS

Ana Isabel Reis (*ULS Loures-Odivelas*),
Ana Clara Coelho (*ULS Gaia e Espinho*)

POSTER PRESENTATIONS

Deolinda Portelinha (*Centro Cirúrgico de Coimbra*),
Daniela Marado (*ULS Coimbra*), Ricardo Pereira (*ULS Matosinhos*),
Natália Oliveira (*ULS Tâmega e Sousa*)

09:30 - 10:00

OPENING LECTURE

From Evidence Based-Medicine to Precision Medicine

Moderator: Luís Campos (*CUF Belém*)
Speaker: José Delgado Alves (*ULS Amadora/Sintra*)

10:00 - 10:30

YEAR IN REVIEW - BASIC

Moderator: Berta Silva (*ULS Santo António*)
Speaker: Luís Graça (*FMUL – Faculdade de Medicina de Lisboa*)

10:30 - 11:00

MISTERIOUS CLINICAL CHALLENGE

Presenter: HFF
Discussion: HSA

11:00 - 11:30



Coffee break

27 June

Thursday

11:30 - 12:15

OPENING CEREMONY

12:15 - 13:00

ROUND TABLE

Lung Involvement in Connective Tissue Diseases

Moderators: Nuno Riso (*ULS São José*),

Isabel Almeida (*ULS Santo António*)

🚶 CTDs Associated ILD: Same Name, Different Entities?

Speaker: Susana Oliveira (*ULS Amadora/Sintra*)

🚶 Pulmonary Hypertension: Diagnostic and Therapeutic Challenges

Speaker: Rui Plácido (*ULS Santa Maria*)

13:00 - 14:30



Lunch

14:30 - 15:00

INDUSTRY SYMPOSIUM

15:00 - 15:30

CONFERENCE

Immunodeficiencies, from Genotype to Immune Dysfunction

Moderator: António Marinho (*ULS Santo António*)

Speaker: João Farela Neves (*ULS São José*)

27 June

Thursday

15:30 - 16:15

ROUND TABLE

Malignancy in Autoimmune Diseases

Moderators: Teresa Faria (*SESARAM*),
Graziela Carvalheiras (*ULS Santo António*)

- 🔴 Risk of Malignancy Associated with Autoimmune Diseases and Immunosuppressants
Speaker: Bruno Grima (*ULS Amadora/Sintra*)
- 🔴 Checkpoint Inhibitors and Autoimmune Diseases
Speaker: Tomás Fonseca (*ULS Santo António*)

16:15 - 16:45



Coffee break

16:45 - 17:15

IMAGES IN CLINICAL MEDICINE: SKIN

Moderators: Glória Alves (*ULS Alto Ave*),
Margarida Jacinto (*ULS Alentejo Central*)
Speaker: Alexandra Chaveiro (*ULS Loures-Odivelas*)

17:15 - 17:45

INDUSTRY SYMPOSIUM

17:45 - 18:15

NEDAI PRIZES AND AWARDS

28 June

Friday

08:30 - 09:30

MEET THE EXPERT

📌 Ocular Inflammation

Speaker: Jorge Crespo (*ULS-Coimbra*)

📌 Systemic Lupus Erythematosus

Speaker: António Marinho (*ULS Santo António*)

ORAL COMMUNICATIONS

Joana Cunha (*ULS Trás-os-Montes e Alto Douro*),

Pedro Vita (*ULS Santo António*)

POSTER PRESENTATIONS

Susana Marques (*ULS Arrábida*), Heidi Gruner (*ULS S. José*),

Helena Brito (*ULS Algarve*), João Matos Costa (*ULS Lezíria*)

09:30 - 10:00

YEAR IN REVIEW - CLINIC

Moderator: Carlos Vasconcelos (*ULS Santo António*)

Speaker: Laurent Arnaud (*President of SLEuro, France*)

10:00 - 10:30

CONFERENCE

Behçet's Disease

Moderator: Jorge Crespo (*ULS-Coimbra*)

Speaker: Ahmet Gül (*Istanbul Medical Faculty, Turkey*)

10:30 - 11:15

ROUND TABLE

Vasculitis

Moderators: Fernando Salvador (*ULS Trás-os-Montes e Alto Douro*),
Carla Noronha (*ULS Loures-Odivelas*)

📌 Frontiers in Eosinophilic Granulomatosis with Polyangiitis and Hypereosinophilic Syndromes

Speaker: João Serôdio (*ULS Amadora/Sintra*)

📌 Updating Prognostic Factors in ANCA-Associated Vasculitis: A reference centre experience

Speaker: Jose Hernandez (*Hospital Clínic de Barcelona, Spain*)

11:15 - 11:45



Coffee break

28 June

Friday

11:45 - 12:15

CONFERENCE

Immunology of Critical Illness

Moderator: Alfredo Cabrera Rayo (*México*)

Speaker: Filipe Paula (*ULS Amadora/Sintra*)

12:15 - 13:00

INDUSTRY SYMPOSIUM

13:00 - 14:30



Lunch

14:30 - 15:00

INDUSTRY SYMPOSIUM

15:00 - 16:00

ROUND TABLE

Idiopathic Inflammatory Myopathies

Moderators: Carlos Carneiro (*Hospital Particular do Algarve*),
Jorge Fortuna (*ULS-Coimbra*)

🚶 Diagnostic and Treatment of Cancer-Associated Myositis

Speaker: Albert Selva O'Callaghan (*Barcelona, Spain*)

🚶 Unmet needs in Anti-Synthetase Syndrome

Speaker: Joana Caetano (*ULS Amadora/Sintra*)

🚶 New Perspectives in Translational Research

Speaker: Ana Campar (*ULS Santo António*)

16:00 - 16:30



Coffee break



28 June

Friday

16:30 - 17:00

CONFERENCE

Autoinflammatory Syndromes

Moderator: Raquel Faria (*ULS Santo António*)

Speaker: Ahmet Gül (*Istanbul Medical Faculty, Turkey*)

17:00 - 17:30

INDUSTRY SYMPOSIUM

17:30 - 18:30

NEDAI GENERAL ASSEMBLY

20:00



CONGRESS DINNER

29 June

Saturday

08:30 - 09:30

MEET THE EXPERT

👤 Systemic Sclerosis

Speaker: Isabel Almeida (*ULS Santo António*)

👤 Seronegative Polyarthritis

Speaker: Carlos Carneiro (*Hospital Particular do Algarve*)

ORAL COMMUNICATIONS

Teresa Mendonça (*ULS Santo António*), Sara Freitas (*ULS Alto Ave*)

POSTER PRESENTATIONS

Daniela Brigas (*ULS Trás-os-Montes e Alto Douro*),

Mercedes Agundez (*ULS Alentejo Central*), Joana Vedes (*ULS Guarda*),

João Oliveira (*ULS São José*)

09:30 - 10:00

CONFERENCE

Thrombotic Microangiopathies

Moderator: Pedro Vita (*ULS Santo António*)

Speaker: Josefina Santos (*ULS Santo António*)

10:00 - 10:45

INDUSTRY SYMPOSIUM

10:45 - 11:15



Coffee break

11:15 - 11:45

CONFERENCE

Peripheral and Small Fiber Neuropathies in Autoimmune Diseases

Moderator: Sofia Pinheiro (*ULS São José*)

Speaker: Filipe Palavra (*ULS Coimbra*)



29 June

Saturday

11:45 - 12:30

ROUND TABLE

Systemic Lupus Erythematosus

Moderators: Carlos Vasconcelos (*ULS Santo António*),
José Delgado Alves (*ULS Amadora/Sintra*)

- 🚩 Treating SLE: From EULAR Recommendations to Bedside
Speaker: Laurent Arnaud (*President of SLEuro, France*)
- 🚩 Clinical Utility of New B-Cell Depleting Treatments
Speaker: António Marinho (*ULS Santo António*)

12:30 - 13:00

CONFERENCE

Pitfalls of Autoimmune Diseases in Pregnancy, Puerperium and Perinatal Period

Moderator: Vera Bernardino (*ULS São José*)
Speaker: Natália Marto (*Hospital da Luz Lisboa*)

13:00 - 14:15



Lunch

14:15 - 15:00

CONFERENCE

Leadership in the 21st Century

Moderator: João Araújo Correia (*ULS Santo António*)
Speaker: to be announced

15:00 - 15:30

MEETING HIGHLIGHTS

Speakers: José Delgado Alves (*ULS Amadora/Sintra*),
António Marinho (*ULS Santo António*)

15:30 - 16:00

AWARDS AND CLOSING CEREMONY

REGISTRATION FORM

MEMBER NR.

NAME

AFILIATION

ADDRESS

POSTAL CODE

LOCATION

PHONE

E-MAIL

REGISTRATION

NEDAI MEMBER 200 €

NON MEMBER 250 €

RESIDENT 150 €

REGISTRATION - COURSES

Nailfold Videocapillaroscopy (hands on) - full day 50 €

Musculoskeletal Ultrasound (hands on) - full day 50 €

Musculoskeletal Imaging in Autoimmune Diseases - half day 50 €

Nursing Care in Autoimmune Diseases - half day 50 €

Autoinflammatory Syndromes Basic Course - half day 50 €

REGISTRATION FEES INCLUDE:

- Admission to all scientific sessions
- Congress material including final programme and abstract book
- Admission to the exhibition area
- Admission to the congress dinner
- Buffet lunches and coffee breaks provided during the congress
- Digital certificate of attendance

PAYMENT BANK TRANSFER

IBAN: PT50 0010 0000 52045820001 95

Please always remember to specify the participant name.

Please send a copy of the bank transfer to: silviadasilva@veranatura.pt



RECEIPT

NAME

VAT NUMBER

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