

# Ten Topics in Rheumatology

## Madeira Lupus Clinic

17 – 19 September 2021

### Hybrid Conference



## SCIENTIFIC PROGRAMME



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# Ten Topics in Rheumatology | Madeira Lupus Clinic

## SAVOY - CALHETA

### CHAIR

GRAHAM HUGHES

### CO-CHAIRS

DAVID D'CRUZ

CARLOS DIAS

TERESA FARIA

### ORGANISING COMMITTEE

TERESA FARIA

GRAÇA DIAS

ADELAIDE SPÍNOLA

CAROLINA BARROS

*The idea for a Ten Topics meeting in Madeira was born in the foyer of a hotel in Porto, during Yehuda Shoenfeld's International Immunity Meeting.*

*Jorge Martins and Teresa Faria, very old friends, floated a plan for a Ten Topics conference in Madeira, and asked my opinion. Would a Ten Topics meeting fit? Most definitely!*

*When we drew the map of current international 'Ten Topics' venues (on a table napkin in the foyer of the hotel), the dots formed a 'rough' circle. With a bit of imagination, Madeira appeared as a dot in the centre – hence "Ten Topics in Rheumatology from the Centre of the world 2021".*

*Since that meeting, Jorge has sadly died but, in his honour, Teresa has taken on the organisation of this meeting, with the help of Carlos Dias.*

*To Teresa and her team, my admiration and best wishes for the success of this important educational venture.*

**Professor Graham Hughes MD FRCP**

**Jorge Martins**

*Honorary Mention*

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# FRIDAY 17 SEPT

13.30 EXHIBITION & REGISTRATION OPENS

## 14.30 MADEIRA LUPUS CLINIC

Chair: Lèlita Santos

14.30 – 14.40	Contraception and pregnancy	Ana Neves
14.40 – 14.50	Mucosae ulcers	Jorge Crespo
14.50 – 15.00	Headaches	Nuno Riso
15.00 – 15.10	Patients and the disease	Carlos Ferreira
15.10 – 15.20	Why me, again?	Raquel Faria
15.20 – 15.35	Panel Discussion	all speakers

15.35 - 16.00 *Coffee Break*

16:00 – 16:30 **OPENING SESSION**

### PARALEL SESSIONS

16.30 - 17.30	POSTER SESSION	João Araújo Correia Faustino Ferreira Jorge Fortuna
16.30 - 17.30	PATIENTS SESSION	Special Guest: Graham Hughes Teresa Faria; Carlos Vasconcelos; Raquel Faria

17.30 - 18.00



MINI SYMPOSIUM

# SATURDAY 18 SEPT

08.30

## SYMPOSIUM | LUPUS

Chairs: António Marinho, José Delgado Alves

08.30 - 09.00	<b>Introduction</b> - Lupus the new epidemic	Graham Hughes
09.00 - 09.30	<b>Hot topic</b> - Lupus in biologic era	Carlos Vasconcelos
09.30 - 10.00	<b>Clinical update</b> - Managing Lupus "flares"	David D´Cruz
10.00 - 10.15	Panel Discussion	all speakers

10.15 - 10.45

*Coffee Break*

10.45

## SYMPOSIUM | HUGHES SYNDROME/APS

Chairs: António Marinho, José Delgado Alves

10.45 - 11.15	<b>Personal View</b> - APS: 40 years and counting	Graham Hughes
11.15 - 11.45	<b>Hot Topic</b> - Catastrophic APS	Ricard Cervera
11.45 - 12.15	<b>Hot Topic</b> - A difficult problem	Nuno Riso
12.15 - 12.45	Management of Pregnancy in SLE and in APS	Jaume Alijotas Reig
12.45 - 13.15	Panel Discussion	all speakers

13.15 - 14.30

*Lunch*

14.30

## SYMPOSIUM | VASCULITIS AND SCLERODERMA

Chairs: Nuno Riso, Carlos Vasconcelos

14.30 - 15.00	<b>Clinical update</b> - Vasculitis diagnosis and treatment	Luc Mouthon
15.00 - 15.20	<b>Hot Topic</b> - IgG4 Disease	David D´Cruz
15.20 - 15.40	<b>Hot Topic</b> - Scleroderma: anything new?	José Delgado Alves
15.40 - 16.00	<b>Clinical update</b> - The mosaic of autoimmunity - why patients with autoimmune thyroiditis have infertility and fetal loss.	Yehuda Shoenfeld
16.00 - 16.15	Panel Discussion	all speakers

16.15 - 16.45

*Coffee Break*

16.45 - 17.25

**Why we develop autoimmune diseases??**

Yehuda Shoenfeld

17.30 - 18.15

**The First Portuguese Ten Topics Lecture**

"Madeira in The Centre of the World"  
Autonomy and Autoimmunity

Alberto João Jardim

# SUNDAY 19 SEPT

## 08.30 SYMPOSIUM | RHEUMATOID ARTHRITIS

Chairs: Jorge Crespo, Carlos Ferreira

08.30 - 09.00	<b>Clinical overview</b> - The rise and rise of RA	Christopher Edwards (online)
09.00 - 09.30	<b>Hot Topic</b> - Challenges in difficult to treat RA	António Marinho
09.30 - 10.00	Biologics will make orthopaedics redundant	Bruno Grima
10.00 - 10.30	<b>Hot Topic</b> - Tapering therapy	Christopher Edwards (online)
10.30 - 10.45	Panel Discussion	all speakers

10.45 - 11.15 *Coffee Break*

## 11.15 SYMPOSIUM | THE SPECTRUM OF RHEUMATOLOGY

Chairs: Luis Campos, João Araújo Correia

11.15 - 11.45	Osteoporosis - Treatment in 2021	Cyrus Cooper (online)
11.45 - 12.15	<b>Hot Topic</b> - Gout	Fernando Salvador
12.15 - 12.45	<b>Clinical Update</b> - Myositis	Ana Campar
12.45 - 13.15	Panel Discussion	all speakers

13.15 - 14.30 *Lunch*

## 14.30 SYMPOSIUM | A TOUR OF THE BODY - A "WHISTLE" STOP TOUR

Chairs: Faustino Ferreira, Jorge Fortuna

14.30 - 14.50	<b>The Brain</b> - Vasculitis or thrombosis?	David D'Cruz
14.50 - 15.10	<b>The Kidney</b> - How much is ischaemia?	José Delgado Alves
15.10 - 15.30	<b>The Skin</b> - Psoriatic joints	Lèlita Santos
15.30 - 15.50	<b>The Gut</b> - Gut and joints, linked?	Fernando Magro (online)
15.50 - 16.05	Panel Discussion	all speakers

16.05 - 16.50 **Nightmare in Madeira**

Chairs: Lèlita Santos, Luis Campos, Carlos Dias

16:50 - 17:15 **CLOSING SESSION**

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# ONLINE REGISTRATION

www.spmi.pt

- SPECIALIST – 300,00€
- RESIDENT – 150,00€
- ONLINE SPECIALIST – 225,00€
- ONLINE RESIDENT – 150,00€

## BANK TRANSFER:

Sociedade Portuguesa de Medicina Interna

Banco Millennium BCP - **IBAN:** PT50 0033 000 000 000 446 297 08

## HOTEL

Hotel Saccharum, Calheta

For Hotel reservations send an email to [silviadasilva@veranatura.pt](mailto:silviadasilva@veranatura.pt)

- Single standard                      105,00€
- Double standard                        110,00€

## BANK TRANSFER: Veranatura

**NIB: 0033 000 000 580 337 320 17**

**IBAN: PT50 | Swift code: BCOMPTPL**

A copy of the bank transfer must be sent by e-mail to [silviadasilva@veranatura.pt](mailto:silviadasilva@veranatura.pt).  
Clearly state the name of the delegate.

Name for the Receipt

VAT number

Signature

Executive Secretariat

VERANATURA

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