

Ten Topics in Rheumatology Madeira Lupus Clinic 2020 2 – 4 October 2020



SCIENTIFIC PROGRAMME

ORGANIZATION

AEGIS



Ten Topics in Rheumatology | Madeira Lupus Clinic

SAVOY - CALHETA

CHAIR

GRAHAM HUGHES

CO-CHAIRS

DAVID D'CRUZ
JORGE MARTINS
TERESA FARIA

ORGANISING COMMITTEE

PRESIDENT

Jorge Martins

Internist
Member of Graham Hughes International Charity for APS
President of AMADC
President of Madeira Lupus Clinic
Vice President of Ten Topics in Rheumatology 2020

MEMBERS

Teresa Faria

Coordinator of Autoimmune Diseases Clinic - HCF
Vice-President of Madeira Lupus Clinic
Vice-President of Ten Topics in Rheumatology 2020
Graduate Assistant of Internal Medicine - HCF

Graça Dias

Autoimmune Diseases Clinic - HCF
Graduate Assistant of Internal Medicine

Adelaide Spínola

Autoimmune Diseases Clinic - HCF
Assistant of Internal Medicine - HCF
Masters en Enfermedades Autoimunes - Universitat de Barcelona

Carolina Barros

Autoimmune Diseases Clinic - HCF
Resident of Internal Medicine - HCF
Mestranda do Masters en Enfermedades Autoimunes - Universitat Barcelona

Dear Colleagues,

The idea for a Ten Topics meeting in Madeira was born in the foyer of a hotel in Porto, during Yehuda Shoenfeld's international immunology meeting.

Jorge Martin and Teresa Faria, very old friends, floated a plan for a Ten Topics conference in Madeira and asked my opinion.

Jorge and Teresa have a long history, not only of treating patients with auto-immune diseases in the clinic of the Hospital of the Marmeleiros in Funchal, but also of organising and hosting the outstanding Madeira Lupus Clinic biennial.

Would a Ten Topics meeting fit? Most definitely. The Ten Topics meeting format is based on brevity (2 days), short presentations, on 'hot topics' and most of all, with world class speakers.

The meeting is now held regularly in London, Barcelona, Buenos Aires, Beirut, the Far East and Mumbai, with plans afoot for Ten Topics in Saudi Arabia, Dubai and Italy (Turin).

When we drew the map of current Ten Topics venues on a table napkin in that hotel foyer, the dots formed a (rough) circle. With a bit of imagination, Madeira formed a dot in the centre – hence "Ten Topics in Rheumatology from the Centre of the World 2020".

To Jorge and Teresa, my admiration and my best wishes for the success of this important educational venture.

Graham Hughes

Madeira Lupus Clinic **ABSTRACT SUBMISSION**

DEADLINE: AUGUST 31, 2020, 23:29

**Send Abstract has an e-mail attachment to:
lupus@veranatura.pt**

Abstract Preparation

The following information is required:

Presenting author's contact details

Author and co-authors' details

Affiliation details:

institution / hospital, department, city.

ABSTRACT TITLE:

Limited to **20 words in UPPER CASE**

ABSTRACT TEXT:

Limited to **250 words**

ABSTRACTS SHOULD CLEARLY STATE:

Objectives, Methods, Results & Conclusions

ABSTRACT TOPIC:

Exclusively on situations connected with
Lupus Eritematoso Sistémico e Síndrome
Antiofosfolipídico

Abstracts will only be accepted by
online submission. E-mail address:

lupus@veranatura.pt

Presenting authors of abstracts must
be registered participants.

Abstracts must be submitted in
English and received by **August 31st**.

Abstracts received after the
deadline will not be considered.

The Scientific Committee will
determine whether the abstract will
be accepted or not as poster
presentation.

Notification to the author on
September 15.

Poster Set Up & Display on:

- **October 2 at 11h00.**

Poster presentation on:

- **October 2 at 15h00.**

All posters should be prepared in
advance and brought to the
conference by the presenters. The
conference organizers are NOT able
to receive any posters by mail in
advance, print or transport posters.
There will NOT be facilities on-site
for printing or composing posters.

**GDPR: All presentations are Authors/Speaker's
propriety and to be used exclusively by them.
Presentations will be eliminated within 24
hours after the Meeting.**

FRIDAY 2 OCT

14.30 – 15.00 EXHIBITION & REGISTRATION OPENS

15.00 POSTER SESSION | MLC

João Araújo Correia
Faustino Ferreira
Jorge Fortuna

15.00 – 15.50 PATIENTS SESSION

Special Guest: Graham Hugues
President: Teresa Faria
Moderator: Carlos Vasconcelos

15.00 – 15.10 Contraception and pregnancy

Carlos Dias

15.10 – 15.20 Mucosae ulcers

Jorge Crespo

15.20 – 15.30 Headaches

Nuno Riso

15.30 – 15.40 Patients and the disease

Carlos Ferreira

15.40 – 15.50 Why me, again?

Carlos Vasconcelos

SATURDAY 3 OCT

08.30 SYMPOSIUM | LUPUS

08.30 - 09.00 **Introduction** - Lupus the new epidemic

Graham Hughes

09.00 - 09.30 **Hot topic** - Lupus in biologic era

Carlos Vasconcelos

09.30 - 10.00 **Clinical update** - Managing Lupus “flares”

David D’Cruz

10.00 - 10.30 Discussion | Moderators

António Marinho; José Delgado Alves

10.30 - 11.00 **Coffee Break**

11.00 SYMPOSIUM | HUGHES SYNDROME/APS

11.00 - 11.30 **Personal View** - APS: 40 years and counting

Graham Hughes

11.30 - 12.00 **Hot Topic** - Catastrophic APS

Ricard Cervera

12.00 - 12.30 **Hot Topic** - A difficult problem

Nuno Riso

12.30 - 13.00 **Management of Pregnancy in Systemic Lupus Erythematosus and in Hughes Syndrome**

Natasha Jordan

13.00 - 13.30 Discussion | Moderators

António Marinho; José Delgado Alves

13.30 - 14.30 **Lunch**

14.30 SYMPOSIUM | VASCULITIS AND SCLERODERMA

14.30 - 15.00 **Clinical update** - Vasculitis diagnosis and treatment

Loic Guillevin

15.00 - 15.20 **Hot Topic** - IgG4 Disease

David D’Cruz

15.20 - 15.40 **Hot Topic** - Scleroderma: anything new?

José Delgado Alves

15.40 - 16.00 **Clinical update** - The mosaic of autoimmunity - why patients with autoimmune thyroiditis have infertility and fetal loss.

Yehuda Shoenfeld

16.00 - 16.30 **Coffee Break**

16.30 - 17.15 **Nightmare in Madeira**

17.15 - 18.00 **The First Portuguese Ten Topics Lecture**

“Madeira in The Center of the World”

Alberto João Jardim

Autonomy and Autoimmunity

SUNDAY 4 OCT

08.30	SYMPOSIUM RHEUMATOID ARTHRITIS	
08.30 - 09.00	Clinical overview - The rise and rise of RA	Chris Edwards
09.00 - 09.30	Hot Topic	António Marinho
09.30 - 10.00	Biologics will make orthopaedics redundant	Daniel Prietro Alhambra
10.00 - 10.30	Hot Topic - Tapering therapy	Chris Edwards
10.30 - 11.00	Discussion Moderators	António Marinho; José Delgado Alves
11.00 - 11.30	Coffee Break	
11.30	SYMPOSIUM THE SPECTRUM OF RHEUMATOLOGY	
11.30 - 12.00	Osteoporosis - Treatment in 2020	Cyrus Cooper (Visiting Professor)
12.00 - 12.30	Hot Topic - Gout	Fernando Salvador
12.30 - 13.00	Clinical Update - Myositis	Hector Chinoy
13.00 - 14.30	Lunch	
14.30	SYMPOSIUM A TOUR OF THE BODY - A "WHISTLE" STOP TOUR	
14.30 - 14.50	The Brain - Vasculitis or thrombosis?	David D'Cruz
14.50 - 15.10	The Kidney - How much is ischaemia?	José Delgado Alves
15.10 - 15.30	The Skin - Psoriatic joints	Lêlita Santos
15.30 - 15.50	The Gut - Gut and joints, linked?	Graham Hughes
15.50 - 16.30	Why we develop autoimmune diseases??	Yehuda Shoenfeld

REGISTRATION

- REGISTRATION FEE SPECIALIST – 300,00€
- REGISTRATION FEE RESIDENT – 150,00€

BANK TRANSFER: Sociedade Portuguesa de Medicina Interna
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HOTEL

Hotel Saccharum, Calheta

BANK TRANSFER: VERANATURA
Banco Millenium BCP IBAN: PT50 0033.000.000.580.337.320.17

- Single standard 94,00€
- Double standard 105,00€
- Single side sea view 116,00€
- Twin side sea view 127,00€
- Single sea view 121,00€
- Twin sea view 132,00€

In: ___ October 2020 | Out: ___ October 2020

A copy of the bank transfer must be sent by e-mail to silviadasilva@veranatura.pt.
Clearly state the name of the delegate.

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VAT number	<input type="text"/>
Signature	<input type="text"/>

EXECUTIVE SECRETARIAT:
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ONLINE REGISTRATION: WWW.SPMI.PT